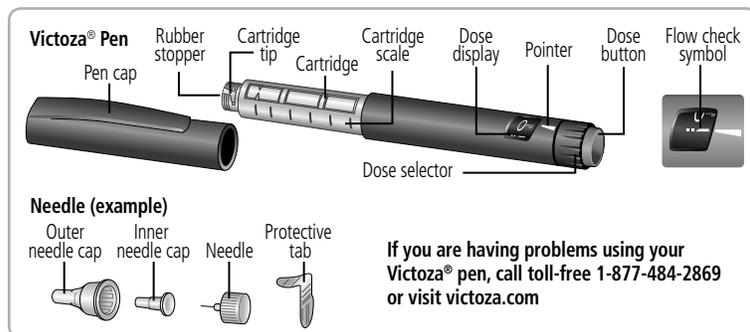


**Instructions for Use****Victoza® (liraglutide [rDNA origin]) injection**

First read the Medication Guide that comes with your Victoza® pen and then read these Patient Instructions for Use for information about how to use your Victoza® pen the right way.

These instructions do not take the place of talking with your healthcare provider about your medical condition or your treatment.

**Do not share your Victoza® Pen with other people, even if the needle has been changed. You may give other people a serious infection, or get a serious infection from them.**

Your Victoza® pen contains 3 mL of Victoza® and will deliver doses of 0.6 mg, 1.2 mg or 1.8 mg. The number of doses that you can take with a Victoza® pen depends on the dose of medicine that is prescribed for you. Your healthcare provider will tell you how much Victoza® to take.

Victoza® pen should be used with Novo Nordisk disposable needles. Talk to your healthcare provider or pharmacist for more information about needles for your Victoza® pen.

**Important Information**

- △ Do not share your Victoza® pen with other people, even if the needle has been changed. You may give other people a serious infection, or get a serious infection from them.
- △ Always use a new needle for each injection. Do not reuse or share your needles with other people. You may give other people a serious infection, or get a serious infection from them.
- △ Keep your Victoza® pen and all medicines out of the reach of children.
- △ If you drop your Victoza® pen, repeat “First Time Use For Each New Pen” (steps A through D).
- △ Be careful not to bend or damage the needle.
- △ Do not use the cartridge scale to measure how much Victoza® to inject.
- △ Be careful when handling used needles to avoid needle stick injuries.
- △ You can use your Victoza® pen for up to 30 days after you use it the first time.

**First Time Use for Each New Pen****Step A. Check the Pen**

- Take your new Victoza® pen out of the refrigerator.
- Wash hands with soap and water before use.
- Check pen label before each use to make sure it is your Victoza® pen.
- Pull off pen cap.
- Check Victoza® in the cartridge. The liquid should be clear, colorless and free of particles. If not, do not use.
- Wipe the rubber stopper with an alcohol swab.

**Step B. Attach the Needle**

- Remove protective tab from outer needle cap.
- Push outer needle cap containing the needle straight onto the pen, then screw needle on until secure.
- Pull off outer needle cap. Do not throw away.
- Pull off inner needle cap and throw away. A small drop of liquid may appear. This is normal.

**Step C. Dial to the Flow Check Symbol**

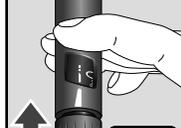
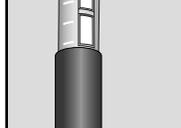
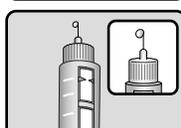
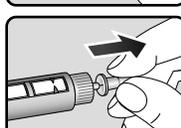
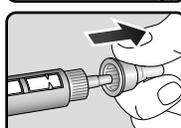
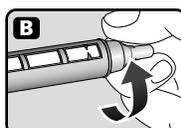
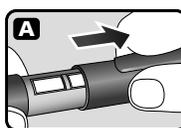
This step is done only ONCE for each new pen and is ONLY required the first time you use a new pen.

- Turn dose selector until flow check symbol (—) lines up with pointer. The flow check symbol does not administer the dose as prescribed by your healthcare provider.
- To select the dose prescribed by your healthcare provider, continue to Step G under “Routine Use”.

**Step D. Prepare the Pen**

- Hold pen with needle pointing up.
- Tap cartridge gently with your finger a few times to bring any air bubbles to the top of the cartridge.
- Keep needle pointing up and press dose button until 0 mg lines up with pointer. Repeat steps C and D, up to 6 times, until a drop of Victoza® appears at the needle tip.

If you still see no drop of Victoza®, use a new pen and contact Novo Nordisk at 1-877-484-2869.

**Continue to Step G under “Routine Use” ⇌****Routine Use****Step E. Check the Pen**

- Take your Victoza® pen from where it is stored.
- Wash hands with soap and water before use.
- Check pen label before each use to make sure it is your Victoza® pen.
- Pull off pen cap.
- Check Victoza® in the cartridge. The liquid should be clear, colorless and free of particles. If not, do not use.
- Wipe the rubber stopper with an alcohol swab.

**Step F. Attach the Needle**

- Remove protective tab from outer needle cap.
- Push outer needle cap containing the needle straight onto the pen, then screw needle on until secure.
- Pull off outer needle cap. Do not throw away.
- Pull off inner needle cap and throw away. A small drop of liquid may appear. This is normal.

**Step G. Dial the Dose**

- Victoza® pen can give a dose of 0.6 mg (starting dose), 1.2 mg or 1.8 mg. Be sure that you know the dose of Victoza® that is prescribed for you.
- Turn the dose selector until your needed dose lines up with the pointer (0.6 mg, 1.2 mg or 1.8 mg).
- You will hear a “click” every time you turn the dose selector. **Do not set the dose by counting the number of clicks you hear.**
- If you select a wrong dose, change it by turning the dose selector backwards or forwards until the correct dose lines up with the pointer. Be careful not to press the dose button when turning the dose selector. This may cause Victoza® to come out.

**Step H. Injecting the Dose**

- Insert needle into your skin in the stomach, thigh or upper arm. Use the injection technique shown to you by your healthcare provider. **Do not inject Victoza® into a vein or muscle.**
- Press down on the center of the dose button to inject until 0 mg lines up with the pointer.
- Be careful not to touch the dose display with your other fingers. This may block the injection.
- Keep the dose button pressed down and make sure that you keep the needle under the skin for a full count of 6 seconds to make sure the full dose is injected. Keep your thumb on the injection button until you remove the needle from your skin.
- Change (rotate) your injection sites within the area you choose for each dose. **Do not use** the same injection site for each injection.

**Step I. Withdraw Needle**

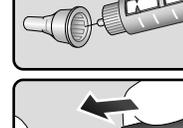
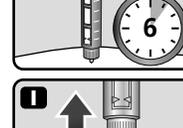
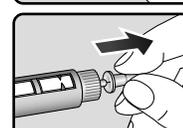
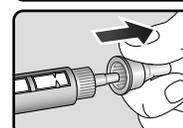
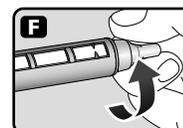
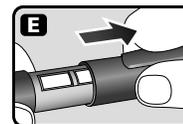
- You may see a drop of Victoza® at the needle tip. This is normal and it does not affect the dose you just received. If blood appears after you take the needle out of your skin, apply light pressure, but **do not rub the area.**

**Step J. Remove and Dispose of the Needle**

- Carefully put the outer needle cap over the needle. Unscrew the needle.
- Safely remove the needle from your Victoza® pen after each use.
- Put your used VICTOZA® pen and needles in a FDA-cleared sharps disposal container right away after use. Do not throw away (dispose of) loose needles and pens in your household trash.
- If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out
  - upright and stable during use
  - leak-resistant
  - properly labeled to warn of hazardous waste inside the container
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used needles and syringes. Do not reuse or share your needles with other people. For more information about the safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: <http://www.fda.gov/safesharpsdisposal>.
- Do not dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

**Caring for your Victoza® pen**

- After removing the needle, put the pen cap on your Victoza® pen and store your Victoza® pen without the needle attached.
- Do not try to refill your Victoza® pen – it is prefilled and is disposable.
- Do not try to repair your pen or pull it apart.
- Keep your Victoza® pen away from dust, dirt and liquids.
- If cleaning is needed, wipe the outside of the pen with a clean, damp cloth.



**How should I store Victoza®?****Before use:**

- Store your new, unused Victoza® pen in the refrigerator at 36°F to 46°F (2°C to 8°C).
- If Victoza® is stored outside of refrigeration (by mistake) prior to first use, it should be used or thrown away within 30 days.
- Do not freeze Victoza® or use Victoza® if it has been frozen. Do not store Victoza® near the refrigerator cooling element.

**Pen in use:**

- Store your Victoza® pen for 30 days at 59°F to 86°F (15°C to 30°C), or in a refrigerator at 36°F to 46°F (2°C to 8°C).
- When carrying the pen away from home, store the pen at a temperature between 59°F to 86°F (15°C to 30°C).
- If Victoza® has been exposed to temperatures above 86°F (30°C), it should be thrown away.
- Protect your Victoza® pen from heat and sunlight.
- Keep the pen cap on when your Victoza® pen is not in use.
- Use a Victoza® pen for only 30 days. Throw away a used Victoza® pen after 30 days, even if some medicine is left in the pen.