

手術後傷口照護

Post-operation Wound Care

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■ Things to be noted after an operation

- After you recover from an operation and you have no discomfort, you may be discharged.
- Before removal of stitches (generally 7 days after an operation), please keep your wound clean and dry, and avoid dampening your wound dressing so that infection will not spread as easily.
- If analgesic substances have been used, you may feel a certain degree of wound pain after its effect subsides, which is totally normal.
- Take your pain killer and anti-inflammatory medication as instructed. Take your first dose in time so that wound pain can be controlled.

- Eat and drink as usual, but avoid alcohol, spicy food and strenuous exercise.
- Come back to hospital immediately if fever, bleeding, swelling or abdominal pain are noted.
- Come back to the out-patient department for follow up as scheduled.

Should you have any inquiries related to post-operation wound care, please contact our staff anytime.

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We will be more than happy to assist you.
Sincerely, Cathay General Hospital.

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