

手術後傷口照護

Post-operation Wound Care

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■ Things to be noted after an operation

- After you recover from an operation and you have no discomfort, you may be discharged.
- Before removal of stitches (generally 7 days after an operation), please keep your wound clean and dry, and avoid dampening your wound dressing so that infection will not spread as easily.
- If analgesic substances have been used, you may feel a certain degree of wound pain after its effect subsides, which is totally normal.
- Take your pain killer and anti-inflammatory medication as instructed. Take your first dose in time so that wound pain can be controlled.

- Eat and drink as usual, but avoid alcohol, spicy food and strenuous exercise.
- Come back to hospital immediately if fever, bleeding, swelling or abdominal pain are noted.
- Come back to the out-patient department for follow up as scheduled.

Should you have any inquiries related to post-operation wound care, please contact our staff anytime.

Cathay General Hospital (02)27082121 ext 3372

Cathay General Hospital in Xizhi (02)26482121 ext 7607

Cathay General Hospital in Hsinchu (03)527899 ext 2525

We will be more than happy to assist you.

Sincerely, Cathay General Hospital.

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