

# 手術注意事項

## Surgical Reminders

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### ■ Anesthesia

There are three types of anesthesia which are local anesthesia, regional anesthesia, and general anesthesia. The narcotic drugs may be administered by inhalation and/or injection in order to make the patients temporarily lose the abilities of perception, movement and awareness of the body. These are carried out by qualified and professional anesthesiologists who would decide the best way according to surgical site, surgical approach, and each patient's special condition.

### ■ Surgery Time

Unless the patient is scheduled for first appointment, which needs to be at the operating room at 07:30 to 08:00, the rest of the patients will need to wait for further

notification from the operating room. Thus, please rest in the hospital room while awaiting.

## ■ In the Morning Before Surgery

- Please bear in mind that no consumption of food, water, and alcoholic drinks or smoking is allowed.
- Please remove any makeups and accessories including nail polish, hair clips, jewelries, glasses, contact lenses, and dentures etc. Please have your family members take care of the valuable items and money.
- Please dress into the surgical gowns and paper pants provided by nursing staff before 08:00.
- The nursing staff will inject a huge amount of intravenous drip and prophylactic antibiotics for you.
- Please empty your bladder before heading to the operating room in order to avoid any discomfort or infection.
- Transporting staff will escort you to the operating room either by bed or wheelchair and family members are allowed to accompany them.

## ■ Post-Surgery Pain

In general, patients will experience some pain and discomfort after the surgeries. It does not benefit your body if you over endure the pain. After surgeries, the doctors will prescribe painkillers suitable for your conditions to reduce your pain. Anesthesiology department provides the services for pain control, which is applicable for surgeries of the chest, abdomen, orthopedic and for patients who have longer surgical periods. However the National Healthcare Insurance does not cover this service.

## ■ Ambulation at Early Stage

After surgeries, please ambulate and take deep breaths as soon as possible in order to facilitate recovery. However, for surgeries that involve head trauma, fractures, spine, skin complement and retinal detachments, doctor's notice is needed prior to ambulation.

## ■ The Benefits

- Prevents deep venous thrombosis.
- Stimulates blood circulation.
- Facilitates lung expansion to avoid pneumonia. Taking

deep breath and coughing effectively could help expectorating phlegm from your lungs.

## ■ Things to Take Notes

- When getting out of bed for the first time after your surgery, sit on the edge of the bed for about 5 to 10 minutes first. The nursing staff will evaluate your condition and decide whether you could start ambulating.
- Please have the tubes fixed before getting out of the bed so that it would not be tangled or displaced.
- After the surgery, if voiding sensation is experienced for more than 6 hours with failure to pass by yourself, the nursing staff will evaluate for any managements necessary.

[This information is for your reference only. For any information regarding your medical condition, please discuss with the doctors.](#)

Should you have any inquiries, please contact

Cathay General Hospital (02)27082121ext 5611-5613

Cathay General Hospital in Hsinchu (03)5278999 ext 8101-8103

Cathay General Hospital in Xizhi (02)26482121 ext 2801-2803

We will be more than happy to serve you.

Sincerely, Cathay General Hospital.

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